How to turn on SMTP Authentication

Macintosh:

Mac Mail 10.x

Click on the Mail menu

Click on **Preferences**

In the Accounts section of the window which opens up, select the user account and click the **Edit** button to the right of the Description window.

A new window will appear. Click on **Options** below "Outgoing Mail Server".

Next to Authentication, select "Password". The username and password will be your email account username and password. (See below)

Outgoing Mail Server:	mail.sonic.net
Check with your system the advanced options be	administrator before changing any of low:
Server port:	25
	Use Secure Sockets Layer (SSL)
Authentication:	None
User Name:	
Password:	

Mozilla Thunderbird

- Click on the **Edit** menu.
- Select Mail & Newsgroups Account Settings.
- Select Outgoing Server (SMTP).
- Put a check next to "Use name and password", and type your email username.

